



**One Vision One Mission One Voice
One Movement**



CLUB: ZONTA CLUB OF CENTRAL TUGUEGARAO
District 17 Area 4 Club No. 1294

About Zonta

Founded in 1919, Zonta International is a leading global organization of professionals empowering women worldwide through service and advocacy. With more than 30,000 members belonging to more than 1,200 Zonta Clubs in 67 countries and geographic areas, Zontians all over the world volunteer their time, talents and support to local and international service projects, as well as scholarship programs aimed at fulfilling Zonta's mission and objectives.

Zonta International Objectives:

- To improve the legal, political, economic, educational, health and professional status of women at the global and local level through service and advocacy
- To work for the advancement of understanding, goodwill and peace through a world fellowship of members
- To promote justice and universal respect for human rights and fundamental freedoms
- To be united internationally to foster high ethical standards, to implement service programs, and to provide mutual support and fellowship for members who serve their communities, their nations and the world

Note: Zonta International, its districts and its clubs are nonsectarian and nonpartisan.

Zonta District 17 Goals 2016 - 2018

One vision, one mission, one voice, one movement. A season of weaving D.R.E.A.M.S.

D = Direction for a better future

R = Resources

E = Empowerment through educational opportunities

A = Advocacy

M = Membership

S = Service

Our Club Vision & Mission 2016 - 2018

MISSION:

We are a group of passionate women advocates in Cagayan who dedicate ourselves to the pursuit of equality among women according to the ideals of Zonta International and commit to work harmoniously with each other to help and support other women achieve their full potentials as a human being.

VISION:

To be actively involved in promoting significant issues affecting women and consistently undertake meaningful projects for women that impacts on their social, emotional, economic and physical wellbeing.

Our Club History

The Zonta Club of Central Tuguegarao was sponsored by the Tuguegarao Zonta Club Foundation and was chartered on June 8, 1990 with 24 young, vivacious and dedicated women-leaders in business and the professions. Samia Abraham Henrage was the charter president. For 27 years, there had been 15 presidents since then. From 25 members since June 2016, there are at present 45 members of the Zonta Club of Central Tuguegarao working together to have one vision, one mission, one voice, one movement in uplifting the status of women worldwide and empower them through our services and advocacies.

Our Club Officers and Board of Directors 2016 - 2018

President	Madeliza P. Callangan
Vice President	DARIE GRACE A. MAMURIC
Treasurer	EDNA C. SANTOS
Assistant Treasurer	MARIETTA G. REYES
Secretary for Recording	JESUSA UY JAIME-QUIROGA
Secretary for Correspondence	RAQUEL S. ARNEDO
Directors	RACQUEL R. AGLAUA
	JANET C. BUNAGAN
	JOSEFINA T. SEDANO
	LIGAYA A. SINGUN
Ex-Officio	LORNA L. DIMALANTA

Our Committee Chairs 2016 - 2018

Membership	MILA PERPETUA C. LAUIGAN
Service	DARIE GRACE A. MAMURIC
Advocacy	RACQUEL R. AGLAUA
Nominating	MILA PERPETUA C. LAUIGAN
Resources	EDNA C. SANTOS
Z & Golden Z Clubs	ANGELICA S. ASUNCION
Public Relations & Communications	RAQUEL S. ARNEDO
ZI Centennial Anniversary	SUSAN A. CARAG
Education & Scholarship Grants	MARJORIE M. CHAN

Our Club Members:

<u>Name</u>	<u>Classification</u>
Aglaua, Racquel R.	1144 Judge
Ancheta, Florentina B.	1231 Sales & Marketing Manager
Arnedo, Raquel S.	2381 Dentist
Asuncion, Angelica S.	2381 Dentist
Bunagan, Janet C.	1262 Hotel Manager
Calimag, Joyce	1112 Business Manager
Callangan, Madeliza P.	2311 Medical Practitioner: Generalist
Callangan, Mira Minda C.	1144 Judge
Calubaquib, Ingrid	1251 Child Care Manager
Carag, Susan A.	1254 Schools Director
Caulan, Mariden V.	2421 University Professor/ Vice President for Academics of Cagayan State University
Chan, Mary Marjorie M.	1133 City Councilor
Danao, Susan F.	2521 Lawyer
Decena, Josephine T.	1152 Business Owner nec.
De Guzman, Marie Grace Y.	3311 Retail & Wholesale Manager
Dimalanta, Lorna L.	3311 Retail & Wholesale Manager
Dimalanta, Theresa B.	2421 University Professor/Campus Executive Officer of Cagayan State University Andrews Campus
Domingo, Richelyn Anne P.	3311 Store Manager
Enrile, Milagros P.	2381 Dentist

Galapia, Elsa G.	2312 Medical Practitioner: Specialist
Garan, Lina M.	2421 University Professor/Vice President for Partnership & Resource Mobilization of Cagayan State University
Jaime-Quiroga, Jesusa U.	1262 Hotel Manager
Jallorina, Rocialyn B.	2246 Statistician of Department of Labor and Employment
Lasam, Magelyn T.	2421 University Lecturer
Lauigan, Mila Perpetua C.	2521 Lawyer
Lazaro, Cecilia M.	2521 Lawyer
Mabborang, Victoria	1215 Research & Development Manager
Macalma, Kenneth D.	2381 Dentist
Mallillin, Luvisminda C.	1231 Sales & Marketing Manager
Mamuric, Darie Grace A.	1119 Government Appointed Officials nec
Melegrito, Filipina	1152 Business Owner
Rafer, Daria Excelsis A.	1231 Sales & Marketing Manager
Ramirez, Geraldine S.	2312 Medical Practitioner: Specialist
Reyes, Marietta G.	3211 Bank Manager
Sabban, Girlie	3211 Office Manager
Santos, Edna C.	3311 Store Manager
Sedano, Josefina T.	1152 Business Owner
Singun, Ligaya A.	2249 Electoral Officer
Tang, Indira Cheyenne	1121 Business Manager
Tejada, Urdujah A.	1137 Elected President of Cagayan State University
Trinidad, Judith	1113 Chief Municipal Executive Officer
Tungcul, Angelique	2521 Lawyer
Uy, Cherrie Ann G.	1121 Business Manager
Velasco, Marie Grace A.	1121 Business Manager
Villanueva, Agnes M.	2381 Dentist

Our Z/Golden Z Clubs Organized 2016 - 2018

NAME OF Z/GOLDEN Z CLUB	CLUB NUMBER & CHARTERED DATE
Z Club of Cagayan National High School Senior High	Club No. 802 March 24, 2017
Z Club of Linao National High School	Club No. 803

	March 24, 2017
Z Club of John Wesley College Tuguegarao	Club No. 804 March 28, 2017
Golden Z Club of Cagayan State University Carig Campus	Club No. 805 April 3, 2017
Golden Z Club of Cagayan State University College of Allied Health & Sciences	Club No. 807 May 3, 2017
Golden Z Club of Cagayan State University College of Hospitality & Industry Manangement	Club No. 808 May 3, 2017
Golden Z Club of Cagayan State University College of Business Entrepreneurship & Accountancy	Club No. 809 May 3, 2017

Service Projects:

1) Past Service Projects Conducted

- Livelihood programs to equip women with appropriate skills in order to help them become economically self-sufficient. Training programs were offered on sewing, quilting, food preparation, fruit preservation, Christmas décor-making.
- On women’s health, the club undertook the following: Conducted feeding program at the wards of the Regional Mental Hospital, in depressed barangays, and at the different public schools; Distributed hygiene kits to the women patients of the OB Ward at DSWD Regional Haven for women. Dentist-members of the Club conducted lectures on proper oral & dental care for the preschool children, along with their mothers and guardians. Free dental kits were also distributed, and the proper way of brushing their teeth was demonstrated.
- Lectures on No to Teenage Pregnancy was started & conducted last BN 2014-2016 to the different schools and universities in Tuguegarao City
- Every biennium, the club & some members donate to the Zonta International Foundation
- Establishment of the “Zonta Girl’s Dorm” at Penablanca East National High School to help young girls finish their school and ease them from walking several kilometers every day to go to the only public high school within the vicinity of 30 kilometers where no vehicular transportation is rare and not easily available due to the terrain and the remoteness of the place.

2) Current Services Projects

- No to Teenage Pregnancy and Delaying Early Marriage lectures and signature campaign to different schools not only in Tuguegarao City but province-wide
- Zonta Club of Central Tuguegarao joins the Campaign Against Human Trafficking by giving lectures to schools/universities, barangays and offices here in Tuguegarao City.
- “Creating SAFE Schools: STOP Bullying” This is a program wherein we go to the different high schools and colleges to campaign against bullying not only here in Tuguegarao City but province-wide.
- “STOP HIV/AIDS, Zonta says YES to Youth Empowerment”. In coordination with the Department of Health, the Zonta Club of Central Tuguegarao is going around schools and universities giving lectures on the effects of HIV/AIDS and even tag along with them HIV positive who gives testimonies.
- “Women’s Health Care Program: Women’s Health Matters”. The Zonta Club of Central Tuguegarao in cooperation with Unilab and/or Cathay Drug Inc is giving free bone densitometry scanning to 100 women per day every 2-3 months, free blood sugar determination, BP monitoring, medical check up & medicines every 2-3 months, blood letting project “Dugong Alay mo, Tulong sa Panganganak ko” for our pregnant women every 4-6 months and we just started with zontians the free foot doppler scanning in cooperation with Corbridge Drug Company.
- Medical & Dental missions in cooperation with the Tuguegarao City-Cagayan Dental Chapter is being conducted for the persons with disability and their mothers, teachers and students especially in far flung areas, senior citizens especially the women, female detainees and women at the barangay level.
- “Regalong Ngiti Year 6 & 7” – a yearly FREE cleft lip and palate operation to children and teenage girls in cooperation with the Tuguegarao City-Cagayan Dental Chapter. The TCDC provides the dental surgery services, Lyceum of Aparri for the accomodation and Zonta Club of Central Tuguegarao, for the medical care, post-operative medicines and gifts for these less fortunate patients.
- “Zonta: Kaagapay ng mga Nanay sa Pagsasaayos ng Nasirang Bahay(Zonta Partners with Mothers in Rebuilding Damaged Houses)”. When Typhoon Lawin (Haiyan) with signal No. 5 hit the southern part of the province of Cagayan on October 19 at 6pm until 9:00am on October 20, it laid most houses flat leaving scores of women homeless. ZCCT reached out to friends, relatives, sister zontians and all who cared to support the program. This program prioritized helping single mothers (widowed, separated, abandoned, annulled) or women heads of families whose houses were totally or partially but severely damaged and we have helped 75 families all in all and we are working on expanding the program for their livelihood program.

- Livelihood Programs: Hair cutting for teenage girls and doormat weaving for our female detainees at Bureau of Jail Management Penology Tuguegarao City. We are still working on the livelihood program for our single mothers affected by Typhoon Lawin.
- Zonta International Foundation: every biennium, some of the Zonta Club of Central Tuguegarao members are donating to ZIF and we are targeting a 100% donation this biennium.
- Gift Giving: The Zonta Club of Central Tuguegarao is giving support to the Regional Haven where the abused women & teenage girls are housed and the Reception & Study Center for Children where the abandoned and orphaned children are housed. We also give something for some schools during “Brigada Eskwela” especially for the benefit of teenage girls and where our Z/Golden Z Clubs are organized, female detainees and indigent children & their mothers especially Christmas season.
- Scholarship grants to indigent and deserving students of the Cagayan State University are being planned for the next school year 2017-2018.

Advocacy Projects:

1) Past Advocacy Projects Conducted

- The Zonta Club of Central Tuguegarao regularly sponsors several symposia on women’s rights at the different offices and schools.
- We never miss celebrating International Women’s month yearly in cooperation with other government and non-government agencies.
- The Club regularly sponsors lectures & symposia on Anti- violence against women and children in communities, government and private institutions and agencies, gender sensitivity programs for college students in various universities in the city, for high school teachers in different schools, parents in the different barangays, in the course of doing service projects for women and children, like medical & dental missions.
- The Club has printed and posted stickers & tarpaulins, and produced bookmarks promoting women’s and children’s rights. Stickers were distributed to motor vehicles during the celebration of Zonta International Day and other significant days of Zonta.
- We also go on radio interviews and local TV cables to promote our advocacies.
- The Club also promoted the establishment of a help desk for women victims of violence, distributed and displayed in all barangay halls the emergency numbers women victims of violence can call.
- Legal assistance was also extended to women victims of violence.
- Signature campaigns were launched to increase awareness on Zonta’s mission to eliminate violence against women and children.

2) Current Advocacy Projects

- Establishment of Barangay Women's Desk and Seminar/workshop to train barangay officials and barangay volunteers who will man the Women's Desk. The club sought the assistance of the City for the partial funding of the project. Committee was tasked to plan and formulate the module of the training workshop and identified experts on the field to conduct the seminar workshop. This will start in September 2017 and will be done 5 times this year because the seminar will be done in 5 tranches where the barangays of Tuguegarao were divided into 5 due to their sheer number.
- Seminar/workshop on the Katarungang Pambarangay or Barangay Justice System - this is intended for barangay captains and other officials. Zonta's participation is a lecture on RA 9262 starting on June 28, 2017. This will be done 6 times this year because the seminar will be done in 6 tranches where the barangays were subdivided into 6..
- Pursuing the establishment of a special center for pregnant women detainees in all detention centers in Tuguegarao City. An ordinance has been drafted and submitted to the City Council by club member Zontian Marjorie Chan.
- Institutionalization of the ZCCT Project on Women's Desks for the purpose of maintaining the operations of the Women's Desks at the city and barangay halls of Tuguegarao. An ordinance has been drafted and submitted to the City Council by club member Zontian Marjorie Chan.
- Lectures on RA 9262 Anti-Violence Against Women and Children Law, Anti-Sexual Harassment, Gender Sensitivity and Anti-Human Trafficking are being lectured regularly to schools, offices, organizations and barangays to campaign and let our voices be heard "ZONTA says NO to Violence Against Women and Girls" and to achieve gender equality.
- Tarpaulins on Zonta says No to Violence Against Women are posted at the visible areas of Tuguegarao City
- ZCCT joins motorcades, fun runs, walk for a cause & symposia to increase the awareness of the existence of Zonta Club of Central Tuguegarao and its advocacies and services in empowering women.
- The Zonta Club of Central Tuguegarao promoted and assisted during the Special Voter's Registration Day for Women and Girls here in Tuguegarao City in cooperation with COMELEC Tuguegarao City last March 8, 2017 in celebration of Zonta Rose Day and International Women's Day
- ZCCT is an active member of the Regional Inter-agency Council on Violence Against Women and their Children, regularly attend the quarterly meetings.
- The Zonta Club of Central Tuguegarao is one of the organizing committee during the celebration of the International Women's Month.
- The ZCCT also go on radio interviews and local TV cables & even GMA News to promote our advocacies
- Legal assistance is also extended to women victims of violence.
- Signature campaigns is being continued to increase the awareness on Zonta's mission to eliminate violence against women and children.



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Membership:

Retain, Recruit and Rejuvenate (to get new members and retain quality members):

Mission: RETAIN and REJUVENATE existing members and RECRUIT quality members who are eligible to be members with an objective to attain a 10% net increase in membership per biennium. Potential recruits can also be developed from the Z Clubs and Golden Z Clubs established in different schools in the community.

The membership committee has conducted several orientation programs to recruit new quality members and at the same time promote camaraderie among existing members in order to sustain their interest and participation in the club. For this biennium, the club has been able to almost double its membership by inviting five (5) previous members who have resigned or become inactive to renew their membership. On the other hand 15 vibrant and quality members from the medical profession, legal, business, academe have been registered as new members thus bringing the number of new members to 45.

Contact Us

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Photo Gallery

(Post **NEW** activity photos. We shall upload the photos, if any, in the old club page to this new club page for you.)



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